

Cerveza Shuffle Course Notes

10K: follows the course numerically starting and ending at 1 (1-2-3-4-5-6-7-8-5-4-9-10-11-1)

5K: follows 1-2-3-4-9-10, ending at 1

1K: out and back, starting at 1. RIGHT at 11, Turnaround as marked, LEFT at 11 to the end.

- 1) Start/Stop of all courses
- 2) Course follows the paved path that runs down alongside Rte 9 (not on Rte 9)
- 3) The path will come out on East-West Road – KEEP TO THE RIGHT
- 4) Water Stop
 - a. 10K continues straight
 - b. 5K to the RIGHT and KEEP TO THE RIGHT
- 5) Continue straight
- 6) Road Crossing: Take a LEFT at Carlsbad Pavilion Sign and KEEP TO THE LEFT, running straight through the parking lot. Continue down the path marked “authorized vehicles only”
 - a. Take a LEFT and KEEP LEFT
- 7) Go to the left of the split road and continue around the loop. KEEP LEFT
 - a. Follow route back to 6. Take a LEFT at 6
- 8) Road Crossing: Take a RIGHT on the “Picnic Loop Road” and KEEP LEFT
 - a. Take a LEFT at 5 and continue to KEEP LEFT
 - b. Take a LEFT at 4 and KEEP RIGHT
- 9) Road Crossing: quick LEFT then RIGHT to continue on Roosevelt Drive. KEEP RIGHT
- 10) Road Crossing: Get back on path just before intersection and continue across the road
 - a. Continue down path and KEEP LEFT once the path ends
- 11) Take a LEFT and onto the FINISH!!!